

Important guide for couples planning for a church wedding

A wedding is for a day but a marriage is for life. And, for most couples planning your wedding date a year ahead is not something unusual. After all that's what you need to do to plan the logistics from printing the invitation cards, buying a gown to booking the restaurant.

Now you should also add to the list on booking a slot with the Church for the wedding ceremony. The preparation will include a discussion with the priest to witness the exchange of vows and the programme for the church wedding. A point to note is that the church wedding is not just

a ceremony. It is the moment when sacramental grace is bestowed upon the Catholic couple: graces that we cannot do without in marriage.

There is also a spiritual preparation for marriage and there are two preparatory programmes available, namely, Engaged Encounter and Marriage Preparation Course.

Contact your Parish Priest or the Parish Office for more details about booking your wedding date. Visit <https://bit.ly/2ShbFuz> to read more about the above. □

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Activity station showcasing services of Abilities Beyond Limitations and Expectations (ABLE).

Join us for a special rosary and Mass to celebrate the feast of

Our Lady of Guadalupe Protectress of the Unborn



Special
blessings for
pregnant mothers
& families

"You formed my inmost being; you knit me in my mother's womb,
I praise you, because I am wonderfully made ..."
Psalm 139: 13-14

Wed, 12 Dec 2018
5.40pm - Rosary
6.15pm - Mass

Celebrant: Fr John Sim
Church of Christ The King
2221 Ang Mo Kio Ave 8 S569809

Pregnancy Crisis & Support (PCS)
Call us: 63399770 or email: help@pregnancycrisis.sg



A carnival to raise awareness of social service programmes

It was a carnival with a difference at Agape Village in Toa Payoh. While visitors could still enjoy the fun and games, there was an underlying objective at each activity booth.

Staff from various social groups were present to share with visitors about the variety of social service programmes and rehabilitation services offered by Caritas' member and partner organisations.

The event, held on Oct 14 at Agape Village in Lorong 8 Toa Payoh, was organised by Caritas Singapore together with Potong Pasir Zone 1 RC and the Singapore Wellness Association (SWA).

More than 500 people turned up at the exhibition booths which offered free dental screening to educational talks on healthcare and rehabilitation exercises.

Apart from the Catholic charities and organisations, PERTAPIS Senior Citizens Fellowship Home, located near Agape Village, also participated in the carnival with an exhibition booth. The residents from the home put on an upbeat drum performance for visitors. PERTAPIS is a social service provider that reach-

es out to the community through education and residential care.

Ms Rafidah Rafid, Deputy Head of the home, said that the carnival enabled her to "know more about the services and programmes that Caritas has to offer, and to know better how we can collaborate. It would certainly help us as we reach out to our clients too."

Throughout the carnival, children and elderly participated in activities that promoted play and rehab.

There were games, facilitated by SWA members, from the kampong days such as carrom, chapteh, pick-up sticks and even a Zumba exercise routine.

In the multi-purpose hall, visitors learnt about social services such as fostering, clinical intervention, mental health care, care for people with special needs and even dental care.

Booths were set up by Caritas member organisations such as Abilities Beyond Limitations and Expectations (ABLE), Boys' Town, Clarity Singapore, Family Life Society, Mamre Oaks and Mount Alvernia Outreach Clinic. □



PERTAPIS Senior Citizens Fellowship Home sharing information about their services and programmes.