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For client's referrals, please email them to their nearest SSOs. Please provide basic information such as client's name, NRIC number, contact details and social report where available, for our follow-up. You may use our e-locator at <http://app.msf.gov.sg/dfcs/ss0/default.aspx> to locate the relevant SSO by entering client's postal code.

ComCare Hotline
1800-222-0000

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WRITE TO US!



Feedback or Suggestions?

Message for Community Partners?

Upcoming Programmes or Initiatives?

Email us @

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Social Service Office @ Jalan Besar
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PARTNER SPOTLIGHT:

Abilities Beyond Limitations and Expectations (ABLE)

Abilities Beyond Limitations and Expectations' (ABLE) mission is to enable and empower the physically challenged to live with dignity and lead productive, meaningful and independent lives. ABLE's core services are rehabilitation, training, employment support and transport for the physically challenged; as well as respite care for family caregivers.

Mr Marcus Sim is one of ABLE's clients who had benefitted greatly from their **Return to Work (RTW)** programme. In 2015, Marcus suffered a stroke. The stroke affected the use of his right (dominant) hand and led to language processing and speech difficulties.

Since his referral to ABLE in October 2017, the multi-disciplinary team members had been working closely with Marcus – the Occupational Therapist to improve his upper limb function, the Speech and Language Therapist on his communication issues and the Employment Support Specialist to explore training and job options. To ease Marcus' commute, the ABLE Transport van ferries him to and from his house to ABLE for rehabilitation.

Today, Marcus is more confident and does his best to express himself verbally. He strives to improve his communication and looks forward to enrolling in computer courses to increase his employability.

ABLE's RTW programme aims to support the vocational goals of the physically challenged aged between 18 and 67, with the aim of community reintegration and gainful employment. They provide a

comprehensive suite of rehabilitation services including Physiotherapy, Occupational Therapy, Speech and Language Therapy and Pilates. To be eligible for this programme, interested applicants must be certified fit for rehabilitation by a doctor and have rehabilitation potential.

Marcus during a Speech Therapy session with Speech and Language Therapist, Evelyn Khoo



For more information, please contact ABLE at the following:

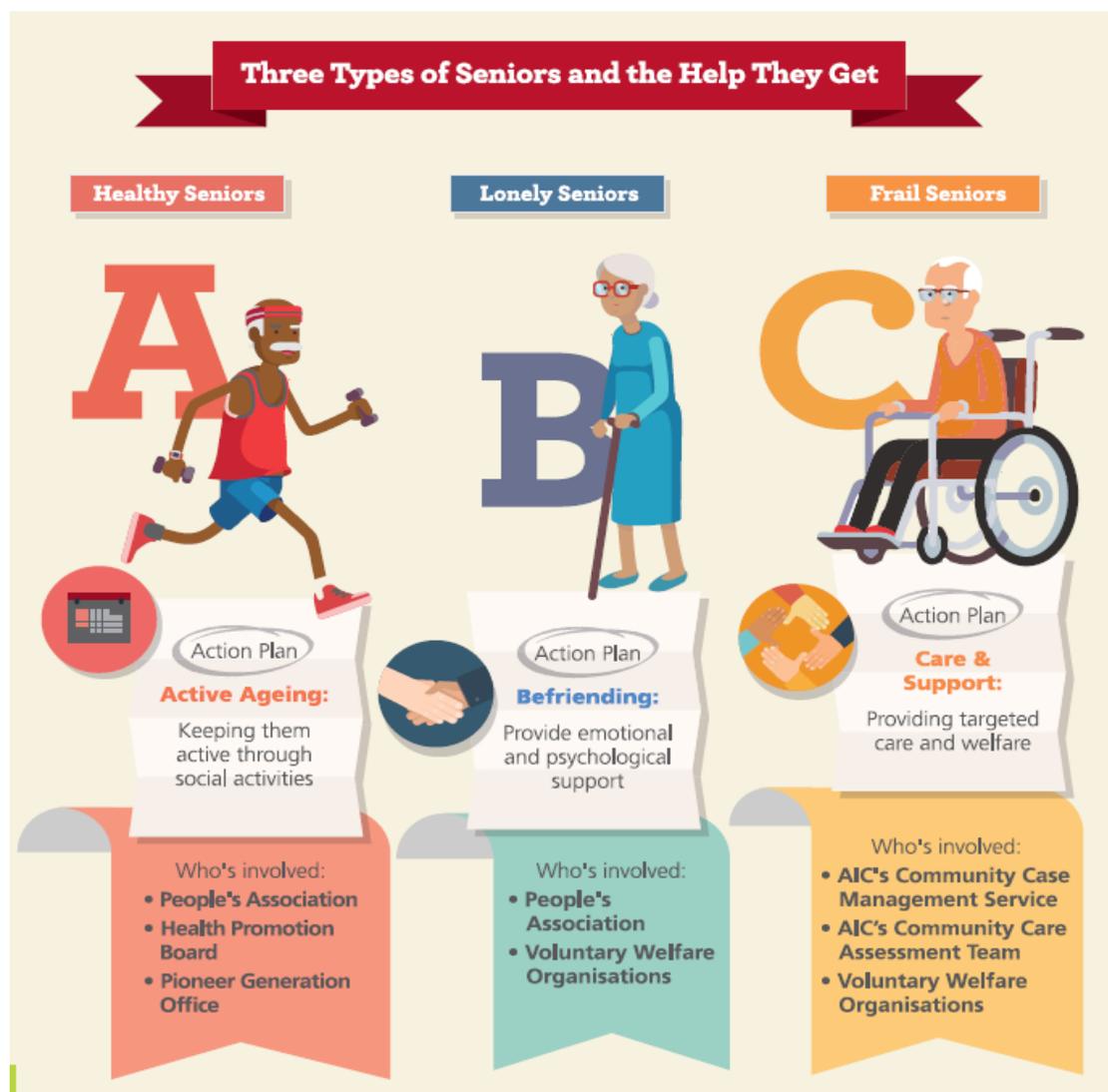


ENABLING PEOPLE. CHANGING LIVES.

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Community Networks for Seniors (CNS)

The Community Networks for Seniors (CNS) aim to develop a **strong community-based support system** to complement family-based support to **keep seniors well and help them age in place**. The CNS teams work with Silver Generation Office, community stakeholders and government agencies to support seniors through the “ABC” of ageing well. The CNS will be progressively expanded to achieve nationwide coverage by 2020.



How can CNS support your agencies' work?

Active and Well seniors are informed and encouraged to attend active ageing programmes and functional screening near their homes.

Lonely seniors are referred to our network of befrienders and/or neighbour helpers to keep an eye out for these seniors. Seniors will also be subscribed to Care Line, a tele-befriending service.

Seniors with Complex Health/Social Care Needs are referred to relevant community partners and government agencies to ensure they receive holistic and integrated assistance.